

Recall: $\Sigma^k \subseteq (M^n, g)$ min $\Leftrightarrow \vec{H} \equiv 0$.

$$\delta\Sigma(X) = \int_{\Sigma} \operatorname{div}_{\Sigma} X \, dV = - \int_{\Sigma} \langle \vec{H}, X \rangle \, dV$$

$\Rightarrow \sum_{k=1}^n \delta^k \Sigma(X) = \int_{\Sigma} \left(|\nabla \varphi|^2 - (\operatorname{Ric}^M(v, v) + |A|^2) \varphi^2 \right) dV$.

2-sided
 $X = \varphi v$ Def: Σ stable $\Leftrightarrow \delta^k \Sigma(X) \geq 0 \quad \forall X$ cpt. supp.

Now, $M^n = \mathbb{R}^n$.

area-minimizing
↑
Bernstein: $\Sigma^2 \subseteq \mathbb{R}^3$ entire min. graph \Rightarrow flat

Fisher - Colbrie - Schoen / Do Carmo - Peng: $\Sigma^2 \subseteq \mathbb{R}^3$ complete, stable min.
 \Rightarrow flat

Stable Bernstein Conj: $\Sigma^{n-1} \subseteq \mathbb{R}^n$ complete, stable $n \leq 7 \Rightarrow$ flat.

Schoen - Simon - Yau '75: True, if assume Euclidean volume growth.

Note: The proof of curvature estimates for any immersed min. hypersurfaces rely on a useful differential inequality, known as "Simons inequality":

$$\Sigma^{n-1} \subseteq M^n \quad \text{min. hypersurf.} \Rightarrow \boxed{\Delta_{\Sigma} |A|^2 \geq -C(1+|A|^2)^2}$$

(i.e. $H \equiv 0$)

where $C > 0$ is a constant depending on n and the geometry of M .

Remark: (1) pointwise inequality.

(2) no stability / 2-sided assumption

We will give a proof of the case in \mathbb{R}^n .

Simons Inequality in \mathbb{R}^n : Let $\Sigma^{n-1} \subset \mathbb{R}^n$ be an immersed min hypersurf.

THEN,

$$\Delta_{\Sigma} |A|^2 \geq -2|A|^4 + 2(1 + \frac{2}{n-1}) |\nabla_{\Sigma} |A||^2$$

$$\left[\begin{array}{l} \text{Note: } \Delta_{\Sigma} |A|^2 \geq -2|A|^4 \\ \& |A| \Delta_{\Sigma} |A| \geq -|A|^4 + \frac{2}{n-1} |\nabla_{\Sigma} |A||^2 \end{array} \right]$$

(Sketch of) Proof :

Note: ptwise calculation. Fix $p \in \Sigma$, and a local O.N.B. E_1, \dots, E_{n-1}, E_n $\xrightarrow{\text{tang. to } \Sigma}$ $\perp \Sigma$

Write in this basis $A = (a_{ij})$ symm. $(0,2)$ -tensor

Idea: Take many derivatives & switching their orders ...

Gauss eqⁿ: $R_{ijk\ell} = a_{ik} a_{j\ell} - a_{jk} a_{i\ell}$. R = Riem. curv. of Σ

Codazzi eqⁿ: $a_{ij;k\ell} = a_{ik;j\ell} = a_{ji;ik}$, ie. $a_{ijk\ell}$ fully symm.

(Note: $|A|^2 = \sum_{i,j} a_{ij}^2$) By switching order of covariant derivatives

$$a_{ij;k\ell} = a_{ij;\ell k} + \sum_m R_{\ell k i m} a_{mj} + \sum_m R_{\ell k j m} a_{mi}$$

We compute

$$\begin{aligned} \frac{1}{2} \Delta_{\Sigma} |A|^2 &= \underbrace{\sum_{i,j} a_{ij} \Delta_{\Sigma} a_{ij}}_{\langle A, \Delta A \rangle} + \underbrace{\sum_{i,j} |\nabla_{\Sigma} a_{ij}|^2}_{|\nabla A|^2} \\ &= \sum_{i,j,k} a_{ij} \underbrace{a_{ij;kk}}_{\substack{\parallel \text{Codazzi} \\ a_{ik;jk}}} + \sum_{i,j,k} a_{ij}^2 \\ &= \sum_{i,j,k} a_{ij} \left(\underbrace{a_{ik;kj}}_{\substack{\parallel \text{Codazzi} \\ 0 = \sum_{\min} R_{kk;ij}}} + \underbrace{\sum_m R_{kjim} a_{mk} + \sum_m R_{kjim} a_{mi}}_{\substack{\text{Gauss} \\ (a_{ki} a_{jm} - a_{ji} a_{km}) a_{mk} \\ \cancel{\text{cancels}}}} \right) \\ &\quad + \sum_{i,j,k} a_{ij}^2 \end{aligned}$$

$$(H = \sum_k a_{kk} = 0)$$

$$= - \sum_{i,j,k,h,m} a_{ij}^2 a_{km}^2 + \sum_{i,j,k,h} a_{ij}^2 a_{jk}^2$$

i.e.

$$\Delta_\Sigma |A|^2 = -2|A|^4 + 2|\nabla A|^2$$

"Simons Identity".

Using "Enhanced Kato's ineq.". we have

$$|\nabla A|^2 \geq \left(1 + \frac{2}{n-1}\right) |\Delta_\Sigma |A||^2.$$

Remark: "=" holds in $n=3$.

Next, we combine Simons ineq. and stability ineq. to obtain higher L^p -bounds for $|A|^2$.

L^p -estimate of SSY'75

Let $\Sigma^{n-1} \subseteq \mathbb{R}^n$ be a 2-sided, stable min. hypersurface.

Then, $\forall p \in [2, 2 + \sqrt{\frac{2}{n-1}})$, we have

$$\int_{\Sigma} |A|^{2p} \phi^{2p} \leq C(n,p) \int_{\Sigma} |\nabla \phi|^{2p} \quad \forall \phi \in C_c^\infty(\Sigma).$$

Proof: Recall: Stability ineq. $\int |A|^2 \eta^2 \leq \int |\nabla \eta|^2 \quad \forall \eta \in C_c^\infty(\Sigma)$

Take $\eta := |A|^{1+\frac{q}{2}} f$ where $f \in C_c^\infty(\Sigma)$. and $q \in [0, \sqrt{\frac{2}{n-1}})$

$$\begin{aligned} \int |A|^{4+2q} f^2 &\stackrel{(0)}{=} \int |f \nabla (|A|^{1+\frac{q}{2}}) + |A|^{1+\frac{q}{2}} \nabla f|^2 \quad (II) \\ &= (1+q)^2 \left[\int f^2 |A|^{2q} |\nabla |A||^2 + \int |A|^{2+2q} |\nabla f|^2 \right] \\ &\quad + 2(1+q) \int f |A|^{1+2q} (\nabla f \cdot \nabla |A|) \quad (III) \end{aligned}$$

Idea: Keep (II) and estimate / absorb (I) and (III)

Use Simons ineq: $|A| \Delta |A| + |A|^4 \geq \frac{2}{n-1} |\nabla |A||^2$ to estimate (I).

Multiply the ineq. by $|A|^{2q} f^2$ and integrate

$$\begin{aligned} \underbrace{\frac{2}{n-1} \int f^2 |A|^{2q} |\nabla |A||^2}_{(I)} &\leq \int \underbrace{f^2 |A|^{1+2q} \Delta |A|}_{(III)} + f^2 |A|^{4+2q} \\ &\quad \text{int. by part : "div"} \underbrace{(f^2 |A|^{1+2q} \nabla |A|)}_{-\nabla(f^2 |A|^{1+2q}) \cdot \nabla |A|} \\ &= -2 \int f |A|^{1+2q} \nabla f \cdot \nabla |A| - (1+2q) \int f^2 |A|^{2q} |\nabla |A||^2 \\ &\quad + \underbrace{\int |A|^{4+2q} f^2}_{(O)}. \end{aligned}$$

③

Adding ① & ②, we obtain

$$\underbrace{\left(\frac{2}{n-1} - q^2\right)}_{>0} \int f^2 |A|^{2q} |\nabla |A||^2 \leq \underbrace{\int |A|^{2+2q} |\nabla f|^2}_{(II)} + 2q \int f |A|^{1+2q} \nabla f \cdot \nabla |A| \underbrace{\int |A|^{2+2q} |\nabla f|^2}_{(III)}$$

when $q^2 < \frac{2}{n-1}$ (a)

By "weighted" Cauchy-Schwarz: $2ab \leq \varepsilon a^2 + \frac{1}{\varepsilon} b^2$.

$$2q \int f |A|^{1+2q} \nabla f \cdot \nabla |A| \leq \varepsilon q \int f^2 |A|^{2q} |\nabla |A||^2 + \frac{q}{\varepsilon} \int |A|^{2+2q} |\nabla f|^2$$

Choose $\varepsilon > 0$ small enough, dep on q, n , then.

$$\underbrace{\left(\frac{2}{n-1} - q^2 - \varepsilon q\right)}_{>0} \int f^2 |A|^{2q} |\nabla |A||^2 \leq \left(1 + \frac{q}{\varepsilon}\right) \int |A|^{2+2q} |\nabla f|^2$$

③

Using Cauchy-Schwarz in ① & ③, we have

$$\underbrace{\int |A|^{4+2q} f^2}_{(0)} \leq \left(2 + \frac{2(1+q^2)(1+\frac{q}{\varepsilon})}{\frac{2}{n-1} - q^2 - \varepsilon q} \right) \underbrace{\int |A|^{2+2q} |\nabla f|^2}_{(II)}$$

Set $p = 2+q \in [2, 2+\sqrt{\frac{2}{n-1}})$, and $f = \phi^p$. Then,

$$\begin{aligned} \int |A|^{2p} \phi^{2p} &\leq c(n,p) \int |A|^{2p-2} \phi^{2p-2} |\nabla \phi|^2 \\ &\stackrel{\text{H\"older ineq.}}{\leq} c(n,p) \left(\int |A|^{2p} \phi^{2p} \right)^{\frac{p-1}{p}} \left(\int |\nabla \phi|^{2p} \right)^{\frac{1}{p}} \end{aligned}$$

divide

_____ □

Cor: Assume (i) $\Sigma^n \subseteq \mathbb{R}^n$ complete, 2-sided, stable min. hyperface

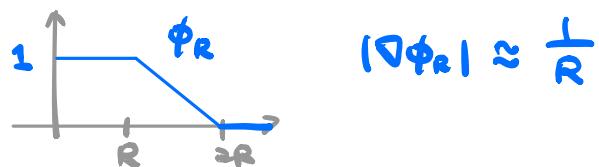
(ii) $\exists C > 0$ s.t. $|\Sigma \cap B_R| \leq CR^{n-1} \quad \forall R > 0$.

(iii) $3 \leq n \leq 6$

↑
intrinsic ball
in Σ

Then, Σ is flat.

Proof: Take cutoff fun $\phi = \phi_R =$



$$|\nabla \phi_R| \approx \frac{1}{R}$$

By L^p -estimate,

$$\int_{\Sigma \cap B_R} |A|^{2p} \leq \int_{\Sigma} |A|^{2p} \phi_R^{2p} \leq C \int_{\underbrace{\Sigma \cap B_{2R}}_{C \cdot (2R)^{n-1}}} |\nabla \phi_R|^{2p} \stackrel{(ii)}{\leq} C' R^{-2p+n-1}$$

Note: if $\underbrace{-2p+n-1}_{\text{---}} < 0$, then done by taking $R \rightarrow \infty$.

Recall: $p \in [2, 2+\sqrt{\frac{2}{n-1}})$

Want: $p > \frac{n-1}{2}$. holds $3 \leq n \leq 6$.

So, need $\frac{n-1}{2} < 2 + \sqrt{\frac{2}{n-1}}$. _____.

Remark: (1) For $n=7$, L. Simon '76 for embedded.

For embedded case, different treatment by Schoen-Simon '81.

(2) By Moser iteration, improve L^p -bdd to L^∞ -bdd
for $|A|^\alpha$ away from $\partial\Sigma$.

(3) 2D situation does not require a-prior area bdd.
(c.f. Schoen '83, Colding-Minicozzi '02)

Q: What can we say if we do NOT assume stability?

Recall: $\Sigma^k \subseteq \mathbb{R}^n$ min. $\Leftrightarrow \delta\Sigma(x) := \int_{\Sigma} \operatorname{div}_{\Sigma} X = 0$
(i.e. $\vec{H} \equiv 0$)

for all cpt supp. vector fields X in \mathbb{R}^n

Idea: "suitable" choice of X yields information about Σ .

Eg.) $X = \text{translation}$

$X = \text{scaling / dilation}$

Prop: $\Sigma^k \subseteq \mathbb{R}^n$ min. \Leftrightarrow coordinate functions x^1, \dots, x^n on \mathbb{R}^n
restrict to harmonic functions on Σ .
i.e. $\Delta_{\Sigma} x^i = 0$, for $i=1, \dots, n$

Proof: Take $X = \eta \frac{\partial}{\partial x^i}$ where η is smooth, cpt supp.

$$\operatorname{div}_{\Sigma} X = \operatorname{div}_{\Sigma} (\eta \frac{\partial}{\partial x^i}) = \nabla^{\Sigma} \eta \cdot \left(\frac{\partial}{\partial x^i} \right)^T = \nabla^{\Sigma} \eta \cdot \nabla^{\Sigma} x^i$$

Apply 1st var. formula and Stokes' Thm,

$$\Delta^{\Sigma} x^i = 0.$$

↑

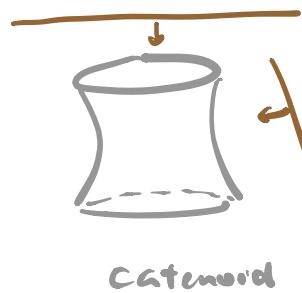
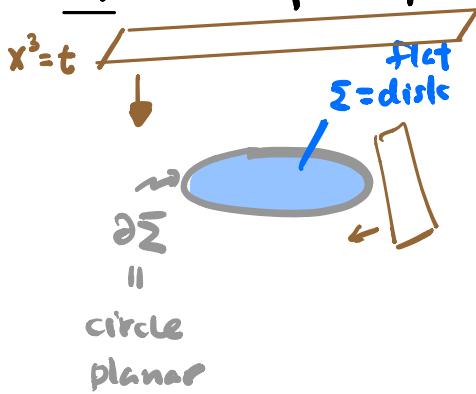
$$0 = \int_{\Sigma} \operatorname{div}_{\Sigma} X = \int_{\Sigma} \nabla^{\Sigma} \eta \cdot \nabla^{\Sigma} x^i = - \int_{\Sigma} \eta \Delta^{\Sigma} x^i \quad \forall \eta \in C_c^{\infty}(\Sigma)$$

Cor: (Convex Hull Property)

Any compact min. subfd $\Sigma^k \subseteq \mathbb{R}^n$ is contained inside the "convex hull" of its boundary $\partial\Sigma$.
the smallest convex set containing $\partial\Sigma$.

In particular, $\#$ compact min. subfd in \mathbb{R}^n without boundary.

"Pf": max. principle for harmonic functions.



Remark: This is special to the ambient space being \mathbb{R}^n .

One of the most important tool in studying min. surfaces
in the following

Monotonicity Formula

Let $\Sigma^k \subseteq \mathbb{R}^n$ min. subfd. fix a pt $x_0 \in \mathbb{R}^n$ (not nec. in Σ).

Then, $\forall 0 < s < t < \operatorname{dist}_{\mathbb{R}^n}(x_0, \partial\Sigma)$

$$\frac{|\Sigma \cap B_t(x_0)|}{t^k} - \frac{|\Sigma \cap B_s(x_0)|}{s^k} = \int_{\Sigma \cap (B_t \setminus B_s)} \frac{|(x - x_0)^n|^2}{|x - x_0|^{k+2}} \geq 0$$

thus $t \mapsto \frac{|\Sigma \cap B_t(x_0)|}{t^b}$ is non-decreasing.

